

The project consists of racing across the USA on a standard bike by a solo cyclist who is followed by two support vehicles with three support crew members per vehicle, for the world record.

I. THE RACE COURSE

June 2011: Oceanside, California to Annapolis, Maryland

This race course across America is set forth on the map inlay below. The start line is Oceanside, California on the west coast and the finish line is 3,000 miles later on the east coast, in Annapolis, Maryland's capital city. The course traverses 12 USA states and passes through 88 counties and 350 communities. 170,000 feet of climbing confront the racers.

Three hundred and fifty towns, twelve states, eight days, three thousand miles, one world record--can it be done, and if it can, why should we not be the ones to do it?

II. THE MISSION

The aim is to help in the struggle for more sportsmanship in sports, particularly by children. Some of these children are now dreaming of being professional athletes later. What lessons will these children learn? What type of athletes will these children turn out to be? If we are content to have these children act as do the athletes and the team directors of today, then let's do nothing. But if we want something more, then let's take some positive action now, for the benefit of the sports community.

The goal is to inspire children to strive for loyalty to sport not just for victory in sports.

III. OUR ROLE IN THE SOLUTION

LifeRoots Foundation is constructing athletic schools for children--designed, funded, supported, and staffed by volunteers of the local community. *LifeRoots Foundation* is interested in all children including those without money or a family's support, and thus without a real possibility to train and compete. It supports young and talented athletes regardless of social position, race, family background. All children deserve a chance.

A concern of the Foundation is the lack of health in youth and the occurrence of childhood obesity, particularly in the USA and now also in México and increasing in every part of the world, including in undeveloped countries. Sport can be part of the solution there.

IV. GENERAL BUDGET OUTLINE

For this first world record under the banner of the *LifeRoots Foundation*, we will have costs of printing jerseys with sponsors' names emblazoned upon them, hotels for a team of seven persons and three bikes pre-race, across the USA, and post-race for about eight race days and six pre and post-race rest days, rental of two race support vans, gas for two vehicles, telephone services to communicate with press before, during, and after race, facsimile costs, internet charges, and bike mechanic expenses. The total for all of these costs comes to approximately 20,000 dollars.

